**Care at the Chemist**

**Formulary**

| Indication | Treatment | Notes  All treatments to be supplied in line with over the counter product licence |
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| Acute bacterial conjunctivitis | Chloramphenicol 0.5% eye drops (10ml) |  |
|  | Chloramphenicol 1% eye oint. (4g) |  |
| Mild to Moderate hayfever/seasonal rhinitis | Sodium cromoglycate 2% eye drops (10ml) |  |
|  | Fluticasone 0.05% nasal spray  (60 dose) |  |
|  | Loratadine 5mg/5ml syrup (100ml) |  |
|  | Chlorphenamine tabs 4 mg (28) |  |
|  | Chlorphenamine oral solution 2mg/5ml sugar free (150ml) |  |
|  | Cetirizine 10mg tabs (30) |  |
| Insect Bites and Stings | Hydrocortisone cream 1% (15g) |  |
| Athletes Foot and Ringworm | Clotrimazole 1% cream ( 20g) |  |
| Coughs, colds, nasal congestion/flu symptoms | Simple linctus paediatric sugar free (200ml) |  |
|  | Simple linctus sugar free (200ml) |  |
|  | Sodium chloride nasal drops 0.9% 10ml |  |
| Infrequent Cold sores of the lip | Aciclovir 5% cream (2g) |  |
| Infrequent Constipation | Ispaghula husk 3.5g sachets (30) |  |
|  | Lactulose liquid (500ml) |  |
|  | Senna 7.5mg tablets (20) |  |
| Mild Irritant Dermatitis | Hydrocortisone 1% cream (15g)  Emulsifying Ointment (500g) |  |
|  | ZeroAQS (500g) |  |
|  | Zero double emollient (100g) |  |
| Diarrhoea | Oral rehydration sachets (6 sachets) |  |
|  | Loperamide 2mg caps (12) |  |
| Ear Wax | Sodium bicarbonate 5% ear drops (10ml) |  |
| Haemorrhoids | Anusol oint (25g) |  |
|  | Anusol suppositories (12) |  |
| Minor Conditions associated with pain, discomfort and fever (e.g. aches, sprains, headache, period pain, back pain) | Paracetamol 500mg tablets (32) |  |
|  | Paracetamol 120mg/5ml susp. sugar free 100ml |  |
|  | Paracetamol 250mg/5ml susp. sugar free 200ml |  |
|  | Ibuprofen 200mg tablets (24) |  |
|  | Ibuprofen 100mg/5ml susp. sugar free 100ml |  |
| Infrequent Migraine | Sumatriptan 50mg tabs (2) | |
| Head lice | Dimeticone 4% lotion- Hedrin (2 x 50ml) | . |
|  | Nitcomb M2 |  |
|  | Malathion 0.5% liquid (150ml) | |
| Indigestion and heartburn | Peptac liquid/alginate acid (500ml) |  |
| Infrequent Mouth ulcers | Anbesol liquid (10ml) |  |
|  | Anbesol adult gel (10G) | |
| Nappy Rash | Zinc and castor oil ointment (500g) |  |
|  | Sudocrem cream (60g) |  |
| Nasal congestion | Sodium chloride 0.9% nasal drops (10ml) |  |
|  |  |  |
| Oral thrush | Miconazole 20mg/g oral gel (15g) |  |
| Teething and mild toothache | Anbesol liquid (10ml)  Anbesol teething gel (10g) |  |
| Threadworm | Mebendazole 100mg chewable tablets (2) |  |
| Vaginal thrush | Clotrimazole 500mg pessary |  |
|  | Clotrimazole 1% cream 20g |  |
|  | Fluconazole 150mg capsule (1) | . |
| Warts and verruca’s | Salactol wart paint 10ml |  |
| Scabies | Permethrin 5% cream (2x30g)  Malathion 0.5% liquid (150ml) |  |