

Care at the Chemist

Formulary

Indication	Treatment	Notes
Acute bacterial conjunctivitis	Chloramphenicol 0.5% eye drops (10ml)	For ages 2 years and over.
	Chloramphenicol 1% eye ointment. (4g)	For ages 2 years and over.
Allergy including bites and stings	Loratadine 10mg tablets (30)	For ages 12 years and over.
	Sodium cromoglycate 2% eye drops (10ml)	For adults and children 6 years and over (as per GSL product licence)
	Fluticasone 0.05% nasal spray (120 dose)	For ages 18 years and over.
	Loratadine 5mg/5ml syrup (100ml)	For ages 2 years and over.
	Chlorphenamine tabs 4 mg (28)	For adults and children over 12 years
	Chlorphenamine syrup 2mg/5ml (150ml)	For ages 1 year and over.
	Hydrocortisone cream 1% (15g)	For ages 10 years and over.
Fungal Infection	Clotrimazole 1% cream (20g)	For ages 1 year and above
Cough	Simple linctus paediatric sugar free (200ml)	For ages 1 to 12 years.
	Simple linctus sugar free (200ml)	For ages 12 years and over.
Infrequent Cold sores	Aciclovir 5% cream (2g)	For ages 1 year and over. Should not be recommended if the blisters are already present.

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Infrequent Constipation	Ispaghula husk 3.5g sachets (10)	For ages 12 years and over.
	Lactulose liquid (500ml)	For ages 1 year and over
	Senna 7.5mg tablets (20)	For ages 12 years and over.
Mild Contact Dermatitis	Hydrocortisone 1% cream (15g)	For ages 10 years and over.
	Zero double 100g	From birth onwards
Diarrhoea	Dioralyte relief (6 sachets)	For ages 1 year and over
	Loperamide 2mg caps (12)	For ages 12 years and over
Ear Wax	Olive Oil (10ml)	For ages 12 years and over
Haemorrhoids	Anusol oint (25g)	For ages 18 years and over.
Headache , pain and temperature including sore throat	Paracetamol 500mg tablets (32)	For ages 10years and over. Please ensure correct dose is advised for children aged 10 years to 16 years
	Paracetamol 120mg/5ml susp. sugar free 100ml	For use in line with OTC product licence; For ages 2 months and over
	Paracetamol 250mg/5ml susp. sugar free 200ml	For use in line with OTC product licence For ages 6 years and over
	Ibuprofen 200mg tablets (24)	For ages 12 years and over.
	Ibuprofen 100mg/5ml susp. sugar free 100ml	For use in line with OTC product licence; For ages 3 months and over
	Give special consideration to the signs and symptoms of meningitis.	

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Head lice	Dimeticone 4% lotion- Hedrin (2 x 50ml)	For ages 1 year and over.
	Supply two applications.	
Indigestion and heartburn	Gaviscon advance (250ml)	For ages 12 years and over.
Infant Colic	Simeticone 40mg/ml Oral Suspension SF (55ml)	For use from birth onwards The most useful intervention is advice and support for parents, and reassurance that infantile colic will resolve. Only consider treatment if parents feel unable to cope despite advice and reassurance.
Infrequent Mouth ulcers	Anbesol liquid (10ml)	For ages 1 year and over.
	Give special consideration to the signs and symptoms of oral cancer.	
	Anbesol adult gel (10G)	From 12 years onwards
Nappy Rash		
	Metanium Nappy Rash Ointment (30g)	For use from birth onwards
Nasal congestion	Menthol and eucalyptus inhalation BP (100ml)	For ages 6 years and over. Caution in children.
	Sodium chloride 0.9% nasal drops (10ml)	For ages 1 year and over.
	Pseudoephedrine 60mg tablets (12)	For ages 12 years and over.

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	Pseudoephedrine 30mg/5ml elixir (100ml)	For ages 6 years and over Please note cautions for use in children
Oral thrush	Miconazole 20mg/g oral gel (15g)	For ages 4 months and over (not premature). Contraindicated with warfarin therapy
Teething	Anbesol liquid (10ml) Anbesol teething gel (10g)	For ages 2 months and over For ages 5 months and over
Threadworm	Mebendazole 100mg chewable tablets (2)	For ages 2 years and over.
Genital thrush	Clotrimazole 500mg pessary	For ages 16 year to 60 years.
	Clotrimazole 1% cream 20g	For ages 16 year to 60 years.
	Fluconazole 150mg capsule (1)	For ages 16 year to 60 years.
Warts and verruca's	Salactol wart paint 10ml	For ages 1 year and over.