**Care at the Chemist**

**Formulary**

| Indication | Treatment | Notes |
| --- | --- | --- |
| Acute bacterial conjunctivitis | Chloramphenicol 0.5% eye drops (10ml) | For ages 2 years and over. |
|  | Chloramphenicol 1% eye oint. (4g) | For ages 2 years and over. |
| Allergy including bites and stings | Loratadine 10mg tablets (30) | For ages 12 years and over.  . |
|  | Sodium cromoglycate 2% eye drops (10ml) | For adults and children 6 years and over (as per GSL product licence) |
|  | Fluticasone 0.05% nasal spray  (120 dose) | For ages 18 years and over. |
|  | Loratadine 5mg/5ml syrup (100ml) | For ages 2 years and over. |
|  | Chlorphenamine tabs 4 mg (28) | For adults and children over 12 years |
|  | Chlorphenamine syrup 2mg/5ml (150ml) | For ages 1 year and over. |
|  | Hydrocortisone cream 1% (15g) | For ages 10 years and over. |
| Fungal Infection | Clotrimazole 1% cream ( 20g) | For ages 1 year and above |
| Cough | Simple linctus paediatric sugar free (200ml) | For ages 1 to 12 years. |
|  | Simple linctus sugar free (200ml) | For ages 12 years and over. |
|  |  |  |
| Infrequent Cold sores | Aciclovir 5% cream (2g) | For ages 1 year and over.  Should not be recommended if the blisters are already present. |
| Infrequent Constipation | Ispaghula husk 3.5g sachets (10) | For ages 12 years and over. |
|  | Lactulose liquid (500ml) | For ages 1 year and over |
|  | Senna 7.5mg tablets (20) | For ages 12 years and over. |
| Mild Contact Dermatitis | Hydrocortisone 1% cream (15g)  Zero double 100g | For ages 10 years and over.  From birth onwards |
|  |  |  |
| Diarrhoea | Dioralyte relief (6 sachets) | For ages 1 year and over |
|  | Loperamide 2mg caps (12) | For ages 12 years and over |
| Ear Wax | Olive Oil (10ml) | For ages 12 years and over |
| Haemorrhoids | Anusol oint (25g) | For ages 18 years and over. |
|  |  |  |
| Headache , pain and temperature including sore throat | Paracetamol 500mg tablets (32) | For ages 10years and over.  Please ensure correct dose is advised for children aged 10 years to 16 years |
|  | Paracetamol 120mg/5ml susp. sugar free 100ml | For use in line with OTC product licence;  For ages 2 months and over |
|  | Paracetamol 250mg/5ml susp. sugar free 200ml | For use in line with OTC product licence  For ages 6 years and over |
|  | Ibuprofen 200mg tablets (24) | For ages 12 years and over. |
|  | Ibuprofen 100mg/5ml susp. sugar free 100ml | For use in line with OTC product licence;  For ages 3 months and over |
|  | Give special consideration to the signs and symptoms of meningitis. | |
| Head lice |  |  |
|  | Dimeticone 4% lotion- Hedrin (2 x 50ml) | For ages 1 year and over. |
|  | Supply two applications. | |
| Indigestion and heartburn |  | . |
|  | Gaviscon advance (250ml) | For ages 12 years and over. |  |
|  |  |  |
|  |  |  |
| Infant Colic | Simeticone 40mg/ml Oral Suspension SF (55ml) | For use from birth onwards  The most useful intervention is advice and support for parents, and reassurance that infantile colic will resolve. Only consider treatment if parents feel unable to cope despite advice and reassurance. |
| Infrequent Mouth ulcers | Anbesol liquid (10ml | For ages 1 year and over. |
|  | Give special consideration to the signs and symptoms of oral cancer.  Anbesol adult gel (10G) From 12 years onwards | |
| Nappy Rash |  |  |
|  | Metanium Nappy Rash Ointment (30g) | For use from birth onwards |
| Nasal congestion | Menthol and eucalyptus inhalation BP (100ml) | For ages 6 years and over. Caution in children. |
|  | Sodium chloride 0.9% nasal drops (10ml) | For ages 1 year and over. |
|  | Pseudoephedrine 60mg tablets (12) | For ages 12 years and over. |
|  | Pseudoephedrine 30mg/5ml elixir (100ml) | For ages 6 years and over  Please note cautions for use in children |
| Oral thrush | Miconazole 20mg/g oral gel (15g) | For ages 4 months and over (not premature).  Contraindicated with warfarin therapy |
| Teething | Anbesol liquid (10ml)  Anbesol teething gel (10g) | For ages 2 months and over  For ages 5 months and over |
| Threadworm | Mebendazole 100mg chewable tablets (2) | For ages 2 years and over. |
| Genital thrush | Clotrimazole 500mg pessary | For ages 16 year to 60 years. |
|  | Clotrimazole 1% cream 20g | For ages 16 year to 60 years. |
|  | Fluconazole 150mg capsule (1) | For ages 16 year to 60 years. |
| Warts and verruca’s | Salactol wart paint 10ml | For ages 1 year and over. |